ANGELINE PACY, MSc (Dip)

Medical Writer, Editor & Quality Advisor; CEO & Director of Healthcare, Scientific & Communications Operations; Health & Lifestyle Medicine Advisor

Unimed Clinical Research & Advisory Inc

Address: 2 N Central Ave, STE 1800 Phoenix, AZ 85004

Website: www.UnimedClinicalResearch.com

EDUCATION SUMMARY

Master-level diploma (UK level-6) Behavior Change, multiple health science concentrations

Bachelor-level diploma (UK level-5) Sleep Studies

Bachelor-level diploma (UK level-5) GI Studies, GI Nutrition

Bachelor-level diploma (UK level-5) Detoxification Studies, Toxicology Studies, Nutrition for Detox

Bachelor-level diploma (UK level-5) Anatomy, Pathophysiology, Lifestyle Medicine Studies

Biomedical Sciences, Health Sciences Concentration; U.S. Regionally Accredited Diploma, Bachelor of Science, Senior Status, Grad. Pending, 4.0

Associate degree (AA), Transfer, Tulsa Community College, Liberal Arts, Transferred in French and Social Sciences

Additional Coursework: Pre-Medical, Biotechnology, Biomedical, Regionally Accredited (with outstanding grades), at Regis College; Franciscan University (formerly Our Lady of the Lake); Framingham State University; Massachusetts Bay Community College

CERTIFICATION SUMMARY

Clinical Research Certifications (multiple)
Advanced Sleep Management Advisor
Behavior Change; Advanced Detox Advisor
Advanced Gut Restoration Nutrition Advisor
Wellness Coaching Certifications
Toastmaster International Competent
Communicator Certification
Direct-Care Certifications

BACKGROUND

As founder, CEO, and Director of Healthcare, Scientific & Communications Operations at *Unimed Clinical Research & Advisory Inc*, Angeline provides strategic, quality services to health science organizations and individuals who are ready for change. She offers advisory services in medical communications and research, including advanced medical writing, medical writing quality control (QC) and editing; clinical and regulatory writing (eCTD); medical publications; and compliance writing. She also produces health education materials and related services such as public speaking; training; presentations; written education materials; procedures; and health advisory programs that boost healthcare. She offers research services such as literature review, systematic review, chart reviews and some R&D (e.g., original surfactants that are cited as novel by OpenAi's ChatGPT and other formulations and nutritional protocols).

Angeline's healthcare experience spans 30 years and brings with it a 100% commitment to teachability and neuroplasticity that is critical to delivering quality services. She has a strong biomedical science foundation, with undergraduate diplomas in areas such gastrointestinal sciences, detox/toxicology, pathophysiology and lifestyle medicine, as well as masters-level studies, certifications, and diplomas in behavior change sciences (health science concentrations), wellness, and continuing education in clinical research. She has both formal training and industry laboratory experience (histology; 2005; other) and direct-care experience (1990's; over 40,000 direct-care contact hours). Angeline is trained in leadership thru university coursework and Toastmasters International, and is a public speaker and former distinguished club president (where she always enjoyed leading and hosting club leadership meetings). She also has a 4.0 GPA and senior status in a regionally accredited Bachelor of Biomedical Sciences program to meet professional program prerequisites. Angeline's collective experiences facilitate engaging, strategic technical materials and transformative education delivery.

In her free time, Angeline researches concepts in medical anthropology while traveling and enjoys experimenting with innovative medicinals & medical devices. She is experienced in the arts, including medical illustrations and graphic art. She incorporates all of this into educational materials.

Angeline also supports various charitable organizations and health initiatives. Efforts include art; singing performance; public speaking; scientific conference proceedings; and congressional lobbying for research funding.

SUMMARY OF SKILLS

COMMUNICATIONS

- Medical writing / education
- Publications (draft/edit)
- Study protocol, amendments
- Clinical study reports
- · Manuscripts, white papers
- $\bullet \ Informed \ consent \ forms/IBs$
- Public speaking/engagement
- Facilitation, leadership
- Training/education materials
- Regulatory medical writing
- eCTD submissions
- QC medical writing/editing
- Fact checking; proofreading
- Change control & timelines
- Video creation & graphic art

LAB & RESEARCH

- Retrospective research
- Biotechnology techniques
- Immunology techniques
- Data collection, reports
- Cosmetic development
- Novel surfactant development
- Dietary supplement, drug & cosmetic enhancement
- Data quality review
- Statistical analysis plans
- Lab management systems
- Citation library management
- QA training SME
- QA documentation SME
- Clinical documentation SME

CLINICAL

- Lifestyle medicine
- Risk-factor assessments
- Biometric lab studies
- Pathophysiology
- Health program design
- Health skills training
- Personalized nutrition
- Personalized programs
- Gastrointestinal health
- Detoxification/toxicology
- Dysautonomia, cardiology
- N 1 1 /1
- $\bullet \ Neuropsychology/sleep$
- Supplement quality criteria
- Direct-care techniques
- Behavior change

UNIMED CLINICAL RESEARCH & ADVISORY INC (UCRA), 1999-Current Formerly Doing Business As (DBA) Angeline Pacy, IntegrativeHealthWork.com

Medical & Technical Writer, Liaison, Medical Communications Consultant 2005-Current

Principal Regulatory Medical Writer Consultant | Barrington James, London, UK | Feb 2024-2025

Focus on writing clinical study reports (CSRs) for prescription software as a medical device (used in conjunction with standard of care) in a neuropsychiatric / psychology program; lead reviewer meetings; consult on a project-basis for submissions to regulatory authorities (FDA).

Consultant Medical Writer | Editor | Black Diamond Network, Andover, MA | Mar 2019-2022

Provide senior-level medical writing, editing and quality control for medical device, biotech and pharmaceutical clients to develop medical, scientific and technical documents. Client technology includes lasers; radiofrequency; shockwaves; cosmeceuticals; and RNAi gene therapy. Therapeutic areas and applications include gene therapy for infectious disease; renal disease; metabolic disease; genetic disease; proteinopathy; and oncology. Other applications include dermatology; regenerative medicine; surgery; pain; inflammation; tissue activation; circulation; men's and women's health; urology; hair removal; beautification. Populations include pediatric and adult participants; rare disease; aging; and general. Original written documents, editing and QC include publications (literature review; manuscripts; white papers; case studies); clinical and non-clinical study reports; investigator brochures; study protocols; global protocol amendments; informed consent forms; and IRB letters. Regulatory filings include IMPD, NDA, and post-marketing commitments.

Consultant Medical Writer | Liaison | GeroNova Research, World-Leading Experts in Anti-Aging Chemistry and Products, Richmond, CA | Oct 2013-Jan 2019

Engage and educate the healthcare providers, scientists, clients about anti-aging medicinals, personal experience, published studies, etc. Areas include aging; peak sports performance; neurosciences; neuro-metabolism; metabolism; weight loss; cardiovascular disease; REDOX; detoxification; toxicity; radiation mitigation; beautification; genetics; pathological disease processes. Monitor and evaluate the medical literature to draft articles accordingly (medical writing).

Consultant Medical Writer | Human Care Systems | Aug 2016-April 2017

Provide empowering healthcare provider and patient educational / coaching materials in partnership with drug and disease education and coaching programs. Craft strategic communications within a rigid legal framework. Research medical literature to support health / legal claims.

Health & Communication Advisor | Advanced Neurotherapy | Needham, MA | Aug 2014-Dec 2016 Institute strategic health-related marketing plan and train staff to maintain it, carefully operating within a rigid legal framework for health claims. Provide education within health areas to support transformative health experiences. Therapeutic areas include neurosciences; neurofeedback; neurodiagnostics; psychiatry; behavior; lifestyle; and overall wellness (anti-aging).

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Writer | Training & Documentation Coordinator | Subject-Matter Expert | Oct 2013-Feb 2014 Onsite at BTG International on behalf of partners: BioBridges, LLC., Wellesley, MA

Provide subject-matter expert consultation services in Quality Assurance training and documentation areas during acquisitions within oncology and toxicity programs for a global medical device and pharmaceutical company; coordinate training at multiple sites; significantly boost training metrics; help train on processes; implement paper-based document management system; provide quality management system gap analysis; train junior writer; edit and write quality documentation; publish documents; serve on global committees (documentation, pharmacovigilance); utilize advanced change control and document project management skills for tight timelines.

Medical Writer Contractor | Onsite at Lantheus Medical Imaging, Billerica, MA on behalf of Aerotek & Randstad Professional Services | Feb 2010-Dec 2011

Provide consultation services to medical imaging corporation within biostatistics, medical writing, regulatory, and pharmacovigilance departments, with early focus in compliance writing. Conduct regulatory guidance research; review medical literature; provide clinical documentation compilation for medical writing department; create and manage EndNote citation management libraries; basic MedWatch form review; train in signal detection and electronic clinical documentation database.

Consultant Medical Writer | Researcher | Volunteer | Jan 2009-Dec 2012 | Lincoln, MA

(On behalf of James Nicholson, medical device engineer of MIT, and team of lawyer and physicians) Research and identify at-risk populations for new medical device indication; research epidemiology and etiology of venous thromboembolism (VTE) and thrombosis; support development of venture capitalist proposal; perform literature review of competing devices and state of science. Successfully identify new at-risk populations for VTE travel devices.

Regulatory Affairs eCTD Publisher | Independent Consultant & Contractor on Behalf of DataFarm, Inc., Marlborough, MA | Jan 2007-Jan 2009

Support the creation, review, and submission of drug applications to regulatory agencies. Network with vendors to compile study documentation. Train clients, new publishers, and documentation contractors in new clinical trial software publishing tools. Format, publish, and provide quality control for eCTD submission documents using plug-in software tools (ISIWriter, DataFarm) for Abode Acrobat Professional and Microsoft Word. Create or redesign original data tables in clinical study reports and eCTD Module 2 summaries. Publish / back-up studies on HTML intranet. Qualify eCTD software vendors (with team) as part of a transition from an investigational new drug application to new drug application (biologics; CBER; hereditary angioedema).

Contract Quality Assurance Interim Documentation Coordinator | QA Support | Aug-Dec 2006 Contractor at Acambis Inc, Cambridge, MA, on behalf of Randstad Professional Staffing

Provide quality assurance consultation services during a company acquisition: manage biennial review of compliance documents; incorporate reviewer comments into controlled documents; edit and format procedures using document change control; conduct reviewer meetings; update controlled document management system; perform metrics; review and reconcile clinical data for quality assurance.

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————OTHER LEADERSHIP IN RESEARCH———

CEO, Director of Healthcare, Scientific & Communications Ops | UCRA | AZ | 2023-Current

Lead UCRA operations and advisory services with divisions in medical and scientific communications; quality; research and development; health science advisory and education programs (in behavioral, detox/toxicology, nutrition, sleep management, lifestyle medicine areas). Develop nutrition formulations (stacks and cocktails), surfactants declared novel by OpenAi's ChatGPT and anti-aging protocols. Network with health science organizations; healthcare providers; patients. Qualifies vendors. Write and negotiate contracts.

————DIRECT CARE SERVICE, CO	NTACT HOURS & TRAINING —————
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1994-Current | Direct-Care | Contact Hours & Training | Multiple Clients

Served populations and clients with a variety of health and wellness needs:

- **Health & Wellness Coaching/Advising**: Support client compliance in health goals with behavior change techniques, education and mentoring. Assess client risk-factors. Put forth health recommendations within scope of certified advisor and health diplomas
- Activities of Daily Living: within the scope of certified direct-care provider and/or family member, assist with aseptic techniques; bowel care; bed-changing with patient in bed; medical devices such as cough assist; BiPAP; suction; oximeter; glucose monitor; IPC boots; transfers with pivoting devices; Hoyer lift; catheters; IVs
- **Medication Management**: medication distribution/medication inventory training, certification, leadership (audit/remediate medication inventory documentation/supplies; PIC)
- Safety: supervision; restraints; crisis prevention/intervention; suicide prevention/intervention
- Vitals: heart rate; blood pressure; blood sugar; oxygen; respiration rate; monitor telemetry
- **Life-skills**: coach life skills and coping skills to groups and one-on-one in areas of self-care; sexually transmitted disease prevention; cooking; nutrition; stress management; academic skills; healthy self-expression
- **Healthcare Communication**: write clinical documentation (clinical shift summary reports, advocacy letters; draft team care plans); advocacy in doctor appointments; communicating with healthcare providers

Training Providers & Service Hours: over 40,000 direct-care and coaching contact hours in programs such as the Massachusetts Personal Care Attendant program (multiple years for independent clients/volunteer clients); Massachusetts Department of Youth Services contractor to programs like "Girls Independent Living Program" (Eliot Human Services); United Schools Association.

Populations: diabetes; fibromyalgia; post-surgery clients; complex and life-threatening illness such as motor-neuron disease (MND, ALS); dysautonomia; congestive heart failure; periodic paralysis; neuropsychiatric; cognitive impairment; schizophrenia, brain injury; children with neuro-atypical presentations (neonatal aged through adolescence); neurotypical adolescents.

-LECTURE & EDUCATION EXPERIENCE-

Health & Wellness Advisor, Coach, Mentor (see Certifications Section) | 2006-Current

Serve as an advisor in health areas related to certifications, education, and experience. Appraise clients on the medical literature in areas such as methylation; Merck Manual Protocol, etc. for low MTHFR enzyme; detox genes; aging; REDOX; lifestyle medicine; complex neurological / neurovascular disease; consumer guidances; food and health product quality criteria; diet; pain management research. Regularly demo and appraise clients on health products and medical devices. Deliver workshops and presentations that boost life-skills in healthy eating; cooking; self-care; lifestyle. Mentored since 1990s in direct-care, health, and wellness areas to empower clients (see hands-on training section).

Skills Trainer in Direct-Care | Personal Care Attendant (PCA) Volunteer | Aug-Dec 2017 Independent Client, Burlington, MA

Train team of 5+ PCAs/allied health professionals to support medically unstable client in need of transitional direct-care, including vital signs; medical devices (such as suction, cough assist, IPC boots); transfers; emergency supervision; preparing prescribed diet; Activities of Daily Living (ADLs) to assist client to self-maintain a PICC line and oxygen; new-hire paperwork.

President Elect | Juried Speaker | Toastmaster | Club Leadership | Mentor | 2012-2015 Toastmasters International Club, Massachusetts Institute of Technology, Cambridge, MA

<u>Certified</u>, regular speaker and Toastmaster at distinguished club; write speeches; speech adjudication. Club <u>president</u> for 1 term. As president, increase regular club meeting attendance by over 20 guests; host leadership meetings; attend district leadership training; mentor new attendees.

Lecturer & Founder | "Cambridge Painless Anatomy & Physiology" Meetup Group | 2014 Regatta Meeting Rooms, 8 Museum Way, Cambridge, MA

Lead, plan, host studies and workshops that use psychology-based techniques for learning anatomy and physiology material at the Cambridge Regatta.

Educational Staff | Science Museum of Acton Discovery Museums | Acton, MA | 2005-2007

Educate patrons—large groups, school field trips, and individuals—on featured science topics; run interactive science exhibits; train volunteers.

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———BIOMEDICAL SCIENCES TRAINING & RESEARCH——	
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Regis College Graduate School | School of Management and Statistics | 3.9 GPA | 2009 Excelled in graduate course taken in management statistics, with a biostatistics/healthcare focus.

Independent Studies & Research | Regis College, Weston, MA | 3.825 GPA | 2007–2009 Excelled ahead of graduate students in independent studies in research methods with independent research in Essential Fatty Acids (Systematic Review) and Hans Sale's Stress Theory (overseen by staff medical anthropologist). Independent interdisciplinary research overseen by staff medical sociologist (literature review on medical applications for BioPsychoSocial Theory; System's Theory; mind-body-spirit connection; and health benefits of community eating). Additional experience includes radiology rounds and continued pre-med requirements.

Graduate Immunology & Lab | Framingham State University| Framingham, MA | Grade: 3.9 | 2006 Excelled in immunology graduate coursework taken for undergrad credit to include hands-on infectious disease research; inoculation; blood draw; blood counts; protein purification and identification; assays; staining slides (multiple); independent research and defended presentation in multiple myeloma / oncology (grade: A).

Histology Laboratory Technician | Training | Toxikon Corporation | Bedford, MA | Spring 2005 Training in tissue preservation; histology slide creation; writing lab procedures; non-GLP/GLP study reports; documentation; updating LIMS; managing tissue slides chain-of-custody and archival; attending necropsies; chemical and biologic handling; blood-borne pathogen training and clean-up.

Mass Bay Community College | Biotechnology Techniques Course | Grade 4.0 | 2004 Trained in cell culture; microbial growth/identification; microbial/environmental monitoring; sterilization; cryopreservation; early molecular biology techniques; laboratory mathematics.

Franciscan Missionaries of Our Lady University (FranU), Baton Rouge, LA | 2002–2003 Elected Pathology Rounds | Pre-Medical Coursework | 3.5 GPA

Excelled in premedical coursework, including opportunities in pathology rounds at Our Lady of the Lake Hospital Pathology Department. Invited to biology human medicine track still under development by Dr. Walter Davis. FranU is formerly Our Lady of the Lake College (Our Lady of the Lake Hospital affiliate in Baton Rouge, LA).

(Diplomas on next pages)

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Behavior Change Techniques | Health Concentrations | Health Sciences Academy, London, GB | UK Level-6 | 45-Credit Hour Professional Diploma Masters-Level | $\underline{100\%}$ | May 2019-June 2023

Internationally accredited program in evidence-based behavior change provides professionals the foundational concepts and most up-to-date research identified within behavior change sciences, including behavior change in the areas of lifestyle medicine, health psychology, and positive psychology. The program supports clients as they learn to provide themselves with comprehensive care management skills. Evidence-based strategies consistently demonstrate a boost in positive health and wellness outcomes. The curriculum enhances the academy's undergraduate-level health advisor specializations by specifically applying behavior change strategies in the areas of lifestyle medicine (toxicology/detox; sleep management; nutrition; gastrointestinal health; fitness; fertility, etc.). The practical training includes client health and wellness risk-assessments; practice of motivational techniques for building change strategies; change implementation; tools for tracking health and disease management demographics; and boost self-care; self-awareness; self-regulation; self-monitoring.

Sleep Sciences | Health Sciences Academy | UK Level-5 | May 2019-Sept 2025

60-Credit Hour Professional Diploma Advanced Sleep Management Advisor Certification | 100% Internationally accredited program provides cutting-edge, evidence-based tools and research within the anatomy, physiology, pathophysiology, epidemiological, and lifestyle factors that influence sleep. Practical add-on skills include training on the academy's clinical toolkit that expedites client engagement and other client advisor resources, such as self-assessments for sleep-related risk-factors; this helps the advisor-in-training to set forth personalized lifestyle recommendations. The evidence-based experiences between advisors and clients are used to help equip clients to better-manage their sleep. Other practical aspects include research on the major sleep detractors as well as evidence-based tools for mitigation. Each major sleep disorder is covered and self-assessments help clients know when it is time to see a sleep specialist, etc. In-depth assessments provide the tools to empower clients to take better control of each aspect of sleep environment, health, nutrition, etc. Diploma posted to LinkedIn.com.

Bachelor of Science in Biomedical Sciences \mid University of Wisconsin (UW) \mid 4.0 GPA in all UW Courses \mid Spring 2026 Graduation

This regionally accredited biomedical sciences degree in an awarded research program is comprised of mostly upper-level coursework that builds upon the foundations in sciences (biology, chemistry, math) and communications (business/technical writing, English, speaking, etc.). Coursework includes diagnostics; pathophysiology; and complementary and integrative medicine; plus, additional coursework in areas such as healthcare leadership best-practices; clinically-related legal studies; healthcare ethics; disability studies in healthcare; and diversity studies in healthcare.

Fundamentals of Anatomy, Pathophysiology & Lifestyle Medicine | 99% | Health Sciences Academy UK Level-5 | 60-Credit Hour Professional Diploma | May 2019 - Oct 2023

Internationally accredited program provides training in anatomy, pathophysiology and lifestyle medicine. It is built upon a foundation in physiology and anatomical structures. Topics begin at the molecular level (DNA/RNA/genetics), through the cellular-, organ-, and system-levels. This includes the biology of human development; biochemistry of energy production; and acid-base balance. Pathologies within each system are discussed. Advisors put forth lifestyle recommendations within the scope of their other accredited specializations and certifications. Learners are equipped with practical skills in proven systems, including methods to examine over 100 health conditions; assessments of modifiable diet and lifestyle factors; and interpretation of biometric tests.

Gastrointestinal Studies | Health Sciences Academy | UK Level-5 | 99% | May 2019 - June 2023 90-Credit Hour Professional Diploma & Advanced Gut Restoration Nutritional Advisor Certificate

Internationally accredited program covers gastrointestinal science, including basic anatomy, physiology, pathology (i.e., gastrointestinal disorders and risk factors, including celiac disease; non-celiac gluten sensitivity; other common causes of food sensitivity; cancer; inflammatory disorders of the gastrointestinal track; irritable bowel disease; dysbiosis). Evidence based-training assists clients in performing health risk-assessments to evaluate levels of gut discomfort; to understand the impact of environmental and some genetic risk-factors that can impact gut health (lifestyle; food, alcohol, and medication consumption; physical activity; stress levels; genes); and to build a personalized, evidence-based nutritional program. Advising helps clients as they identify and remove lifestyle excesses that contribute to discomfort; replace nutrient losses; repopulate the gut microbiome; and repair damages. Advisors are trained to provide ongoing monitoring, as well as help clients to effectively communicate with gastroenterologists, oncologists, etc.

Toxicology and Detoxification Sciences | Health Sciences Academy | UK Level-5 | 100% 90-Credit Hour Professional Diploma & Detox Specialist Certification | May 2019 - March 2022

Internationally accredited, research-based training in toxicology and detoxification, including structure and function of detoxification anatomy and physiology; pathophysiology; sources and effects of a wide range of everyday toxicants (environmental, lifestyle risk-factors, genetic predisposition); epidemiology. Specialists are trained to assess risk-factors for toxicants, including cataloguing symptoms to allow clients to better-recognize detoxification; enhance natural detoxification; recognize sources of exogenous and endogenous toxins; and identify symptoms of exposure. Specialists are trained to devise personalized nutritional strategies and meal plans to help support healthy detoxification based upon current state of health and detoxification goals; to assess, plan, and monitor nutrient intake; to analyze diet, sleep and hydration journals; to organize shopping lists; to offer cooking or recipe ideas; to track progress; and to monitor food reintroduction.

Tulsa Community College | Ranked #1 Community College in N. America | Tulsa, OK | 2001-2002

<u>Liberal Arts, AA</u> (Concentration in French; Gen Eds transferred in from Oral Roberts University as a student in good standing); Spring 2002 <u>Dean's List</u>; honors classes in English (world literature) and psychology.

Acton-Boxboro Regional School System | Top USA & Mass. Public School System | 1985-1999: <u>Acton-Boxboro Regional High School</u> | Highest Ranking MA Public School | 1994-1999

Majority of courses taken at accelerated/enriched level; Advanced Placement English (grade 12); shadowed Science Discovery Museum engineer in "Senior Job Shadow Program," and later employed as museum educational staff; captain of 'Winter Color Guard'; Acton-Boxboro Music Award recipient (1998); Color Guard (marching band); Winter Concert Band (award-winning ensembles). Note GPA miscalculation / transcript error discussed on LinkedIn.

RJ Grey Jr High School | Presidential Award for Top 10 Public Schools in USA | 1992-1994

Academic achievement award for "Exceptional Insight & Understanding in American Experience" (only 2 students awarded out of student body). Participant in concert band; marching band; jazz band; select audition choir; and volunteer vocalist (including entry and participation in state audition choir)

Blanchard Memorial School | Top Elementary School | 1985-1992

<u>3rd-place winner of the Digital Corporation Essay Contest</u>; winner of Wonderful Exciting Book (WEB) contest as top reader for most books read by any student for 3 out of 4 terms; chorus and <u>band member</u>; classical soloist.



Wellness Coach Certification | Spenser Institute | July 2019-2025

Graduate-level training provided by the nationally accredited health coaching division of the National Exercise & Sports Trainers Association (NESTA). <u>Certification</u> topics encompass healthful behaviors in lifestyle medicine areas such as stress management; exercise; diet; disease prevention; individual health goals. Skills include health and behavior assessments (including vitals) and protocol creation.

Clinical Research, Medical & Regulatory Affairs, Publications | CITI PROGRAM | 2021-2024

Three separate certification courses with core and elective modules that focus on regulations, history, technical, and ethical industry standards for conducting clinical research. The scope spans medical affairs, regulatory affairs, and clinical affairs. Electives contain extra regulatory affairs material for medical devices and publishing research. Click on <u>Diplomas</u> for transcripts and certificates for Clinical Affairs Good Clinical Research Practices, refresher for Clinical Affairs and R&D, Clinical Affairs (full transcripts with grades and course content are also available on Linkedin.com).

Personal Fitness Chef Certification | Spenser Institute | March 2022

Health food and meal preparation training to assist clients working towards health and fitness goals. Topics cover food preparation techniques; nutrients; food-safety; and food selection techniques.

ICH Good Clinical Practices Certification | White Hall Training Institute | 2020

Training in the laws, history, and practice of international human research standards; quality standards for designing, conducting, recording, and reporting trials that involve human subjects.

Part 11, Title 21 of the US Code of Federal Regulations <u>Certification</u> | BioPharma Institute | 2020 21CFR Part 11 spans the controls and procedures that need to be established and followed for relevant computer systems in FDA-regulated environments that lead to marketing drugs/medical devices.

Toastmasters International "Competent Communicator" <u>Certificate</u> | 2016 Juried public speaking, presentation development and speech writing, leadership training.

Sports Nutrition Certification | ASFA American Sports & Fitness Association | 2014-2018 Continuing Ed in the core competencies in nutrition, with emphasis in fitness. Topics include macronutrients (lipids, protein, carbohydrate, alcohol); micronutrients (vitamins, minerals); nutritional supplements; calories; energy expenditure.

Complementary & Alternative Medicine Certificate | Salem State University, Continuing Ed | 2014 Course comprised of 22 contact hours equivalent featuring a survey of complementary therapies; certificate issued through Allegra Learning Solutions.

Direct-Care Certifications | Eliot Human Services | Lexington, MA | 2006

<u>Certifications</u> equip direct-care providers to support high-risk patients in a variety of settings (therapeutic/inpatient/residential/community settings) and includes the following: Crisis Prevention; Suicide Prevention; Crisis Intervention; Suicide Intervention; Medication Distribution; First Aid; Cardiopulmonary Resuscitation.

VOLUNTEED
VOLUNTEEN

Volunteer/ambassador for scientific, advocacy, non-profit causes | 2009-2020

Congressional delegate; and ambassador for public health and related awareness days; children's activity coordinator for related non-profit fundraisers (motor-neurone disease, tick-borne illness). Conference volunteer and scientific conference proceedings attendee in Washington, DC and Boston for multiple national and local chapter scientific and health advocacy organizations.

Vocalist, Multiple Audition & Community Choral Ensembles | 1989-2015

Massachusetts ensembles include Lyttleton House nursing home singing/visiting volunteer group run by Diane Bridgetta (1989-1992), Concord Players (2007), Harvard-Radcliffe Chorus (2012-2015), more.

Boston BioLife | Regenerative Medicine Lectures | 2014-Current

Presentations, lectures and workshops by industry experts. Networking events and online presentations in cutting-edge regenerative medicine areas, including biotechnology (stem cells; exosomes); diagnostics (innovative lab studies, hormone-related genetics; epigenetics); medical devices (acoustical waves and lasers in medicine, diagnostic devices).

*Note: Additional conferences, lectures, and continuing education information is available upon request. Professional recommendations are located on the pages to follow (below) and are available for verification on Angeline's <u>LinkedIn</u> and <u>Alignable</u> website pages; there are more recommendations upon request, including academic recommendations. Supporting documentation such as diplomas, participation in activities and training are also verifiable on LinkedIn and may be obtained by requesting to connect. Publications and writing samples are available upon request.

RECOMMENDATIONS	(VERIFIABLE ON LINKEDIN & ALIGNABLE)	
TECOMMENDATIONS	(VERII IADEL ON LINKEDIN & ALIGNADEL)	

"[Angeline is] my go-to when I want to know more than my doctor." — **Joyce Morin Strong, RN, MS, Recommendation on Alignable.com**

From LinkedIn.com:

"Angeline is a very capable, proactive, and dedicated medical writer. I provided her input and review for a critical regulatory SOP project on a tight timeline. She was able to assimilate the knowledge and concepts required to produce regulatory SOP's and met the project timeline. All while she exhibited a positive and collaborative attitude." — Bill Regan, President, Regan Advisory Services. Bill managed Angeline indirectly at Lantheus Medical Imaging.

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"I had the opportunity to work with Angeline at Dyax during the time we were writing the CMC sections of our BLA. The writing/research alone was a time-consuming project. Learning how to use the new writing software with its own quirks and requirements would have been too demanding at a time of data gathering and synthesizing for a critical path project. Angeline was sent by DataFarm to help us manage the task of converting our submission into an e-CTD format. Before she could even take off her jacket on day 1, Angeline was *managing* the system and the problems expressed by CMC authors. She was the in-house expert on ISIWriter and helped not only to troubleshoot every formatting issue imaginable, but recommended stylistic changes to data tables, figures, and summaries that made for very consistent, very thorough, very professional work. It's difficult to lead a big technical job, but Angeline also managed frustrated writers and assisted them with technical insights and creative tips for writing. She is reliable, technically apt, professional, deadline and detail proficient with excellent execution, an enthusiastic leader, and a delightful person to work with. Anyone who would want anything transformed or managed technically would find Angeline as their team MVP!" — Robyn Neitzschman, Clinical Supply and Drug Product Manager, DYAX CORP. Robyn worked with Angeline at Dyax.

"Angeline is an energetic, talented, self-motivated person who consistently does high-quality work, and delivers on time or early. She does not require micromanaging, and once she gets clarity on the task, she dives in and completes the task. She is not afraid to ask questions (they are invariably good ones), and is an excellent communicator. She is also quite flexible and able to create documents that are practical and meet the regulations. I would highly recommend her for a range of projects, and not only is she professional, but very easy with whom to work." — Stephen Schmitz, MD, MPH, Medical Director, Global Pharmacovigilance, Lantheus Medical Imaging. Stephen worked with Angeline at Lantheus.

"Angeline Pacy is a very competent writer. She networks with and educates a variety of people (researchers, patients, providers) on the research and use of antioxidants, with a special interest in GeroNova Research Inc. products. She has a passion for the beneficial mechanisms of these lipoic acid related products, and understands the research and documented clinical applications. Angeline is enthusiastic about, and dedicated to her cause." — Karyn Young, President of GeroNova Research, May 4, 2016. Karyn managed Angeline while she consulted for GeroNova Research, Inc.

"I would not hesitate to recommend Angeline for any position she pursues in biotech/pharmacy/ academia. She has exceptional skills in the latest computer applications in medical writing, has excellent command of medical writing and clinical language, and is equally knowledgeable of clinical trial epidemiology. This unique combination of knowledge and experience, along with her enthusiasm for science and strong work ethic, have made Angeline a valued asset to me and the teams with which she worked at Lantheus Medical Imaging. She offers not only added value to any organization that engages her in work, but great potential in future endeavors." — Rachel Tobiasz Weiss, Consulting Medical Writer, BioBridges, LLC. Rachel worked directly with Angeline at Lantheus Medical Imaging.

"Angeline is working in Medical Writing group at Lantheus Medical Imaging and is responsible for writing documents, SOPs, managing clinical submission documents and reference library for clinical programs. She is a great team player and provides strong expertise in procedural document writing."

— Gajanan Bhat, Director of Global Biostatistics and Data Management, Lantheus Medical Imaging, Inc., managed Angeline indirectly at Lantheus Medical Imaging.

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"Angeline has always been very generous with her time and expertise. She never hesitates to offer her knowledge and advice, and is very encouraging. She has a deep level of understanding when it comes to methylation defects and is truly able to connect through her personal experience. I would definitely recommend working with her!" — Brianne LaFriniere, RN, Health Practitioner and Entrepreneur, June 26, 2016. Brianne was Angeline's client.

"Angeline is one of the most caring and competent medical professionals I've ever met. I've been disabled by a complex medical condition (Fibromyalgia) for over 15 years. In that time I've seen many doctors, and none of them provided the same level of insight or concern for my well being as she did. Rather than dismissing my illness as imagined, or providing band-aid fixes to symptoms here and there, she skillfully pursued the root causes of my illness and gave me the knowledge I needed to start fighting back effectively. Angeline is a persistent learner and immerses herself with the results of cutting edge medical research on a variety of topics. In particular, she is well-versed in neurological conditions such as Fibromyalgia, A.L.S. and Parkinson's disease. With these, and other conditions, she combines what she's learned from many sources in a holistic way. This research-based holistic approach proved itself far more effective for me than many visits to the doctor's office did prior. Within a year of her helping me, I went from working 5 hours a week at most to a combined 20+hours a week of work and academic study. My mood, concentration, memory, energy, and stress tolerance have all improved noticeably, and my recovery time from physical activity is a fraction of what it used to be. My sleep schedule is normalizing for the first time in decades. For the first time in close to half my life, I'm looking at the real possibility of thriving, instead of spending the rest of my days barely surviving." — Denis Hirschhorn, Personal Care Attendant / Ride-share Driver / I.T. Student, September 14, 2018. Denis was Angeline's client.

"I've been lucky to have Angeline Pacy guide me through a health crisis that I could not possibly deal with on my own. Angeline has been my health coach and patient advocate for over a year now. Angeline not only provided me with a plethora of resourceful medical help, but she's also been a compassionate, caring friend that would stop short of nothing to reach out to help me. As many chronically ill patients might learn, healing and finding the root cause of disease can be a grueling tedious task. During the acute phase of my illness, I was confused (not knowing where to turn). I've been blessed to have Angeline by my side. Angeline is knowledgeable in diet, integrative/alternative medicine and chronic illness. Her insight is nothing short of amazing and she knows exactly in which direction to direct her clients. Ms. Pacy also has impeccable networking skills. This is extremely helpful in her work as a patient advocate, as she is able to communicate and work with many clinicians and health care practices. In my personal experience she knew exactly which clinicians, including doctors and nutritionist/dietitians, testing, and nutritional supplements to point me towards for my specific illness (which provided me significant improvement since those darkest days). Last but not least, Angeline is incredibly well-versed with the social and health care system. This is often a missing link in a chronically ill person's support system, but nonetheless one of the most crucial elements. It is impossible for seriously ill patients to obtain the medical and social services critical to save their life and stabilize their physical condition on their own without the advocacy and medical knowledge of a trained health care professional like Angeline. Her knowledge of medical systems allowed me the opportunity to focus on my health so that I could self-heal. For that reason, I highly recommend Angeline as a health coach and patient advocate, as I've never met someone with such a well-rounded understanding of health and chronic illness." — Keren Roman, Math and Biology graduate, November 22, 2014. Keren was Angeline's client.

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- "Angeline's proficiency with our varied writing and documentation applications, in particular EndNotes, has enabled our organization to meet deadlines on key submissions. On more than one occasion she has provided assistance on short notice cheerfully and efficiently. She is a team player and active participant on projects." Cindy Warwick, Publishing and Documentation Specialist, Lantheus Medical Imaging. Cindy worked with Angeline at Lantheus Medical Imaging.
- "Angeline is a very dedicated and competent professional. She is a great team player and was a key member of our team that helped create and implement a Quality Management System. She was a pleasure to work with." Luca Petti, Senior Engineering Manager at BTG International, April 14, 2016. Luca managed Angeline while she consulted for BioBridges at BTG.
- "Angeline was an outstanding contractor during her time with us. Our client enjoyed working with her and found her to be dependable and on time. She always dedicated herself to the best interest of the client." —Eric Diebler, former Career Manager at BioBridges, May 10, 2016. Eric recruited, managed and supported Angeline directly while she consulted for BTG.
- "Angeline came into a department that was sorely lacking in documentation processes. We needed to become more organized and quickly get our SOPs in place in case the FDA were to show up at our door. That's where Angeline came in. In almost no time, she reached out to key members of the organization to familiarize herself with the current processes that were being followed and work on getting them documented. She was proactive and an extremely fast learner, especially considering some of the processes we worked together on were a completely new area of expertise for her. Angeline was also extremely motivated and fun to work with. She made what seemed like a dry and daunting task into something much more rewarding and less painful than expected. Overall, I greatly enjoyed my time working with Angeline and hope to one day cross paths again with her in the future." Gisella Blanchette, CCDM, Sr. Clinical Data Manager, Lantheus Medical Imaging. Gisella worked with Angeline at Lantheus Medical Imaging.
- "Angeline is conscientious and meticulous. She asks questions of her clients and friends to elicit their needs and then finds the best solution to their problems. Angeline is knowledgeable about traditional medicine as well as alternative therapies and supplements. She chooses her words as a writer wisely to make the greatest impact within space constraints. Her personal struggles with and triumph against debilitating disease allow her to empathize with those in need. These experiences have also propelled her to learn in- depth about medicine and the health professions. She will be an asset to your team."

—Frederick Jao, Tax Auditor for the State of Massachusetts, April 4, 2016. Frederick was Angeline's client.

"Angeline has a very professional, friendly and patient personality. While Angeline worked at BTG International Canada Inc., in a consulting role, she demonstrated excellent teamwork abilities and has a knack for being able to effectively identify and prioritize critical tasks to meet deadlines. She was also great help to me as I navigated the mountain of QA paperwork required to perform my job effectively. I believe Angeline would be a great asset in any organization." — Cory Page, IT professional at BTG International Canada worked directly with Angeline at BioBridges, LLC.

Angeline is an excellent Health Consultant. She's a gentle soul with a wealth of health knowledge both traditional and non-traditional. She has helped me immensely by actively listening to my issues and guiding me to a healthier me!" — Jack Lee, Self-Employed Educational Consultant, Economics Professor, Boston University, April 5, 2016. Jack was Angeline's client.